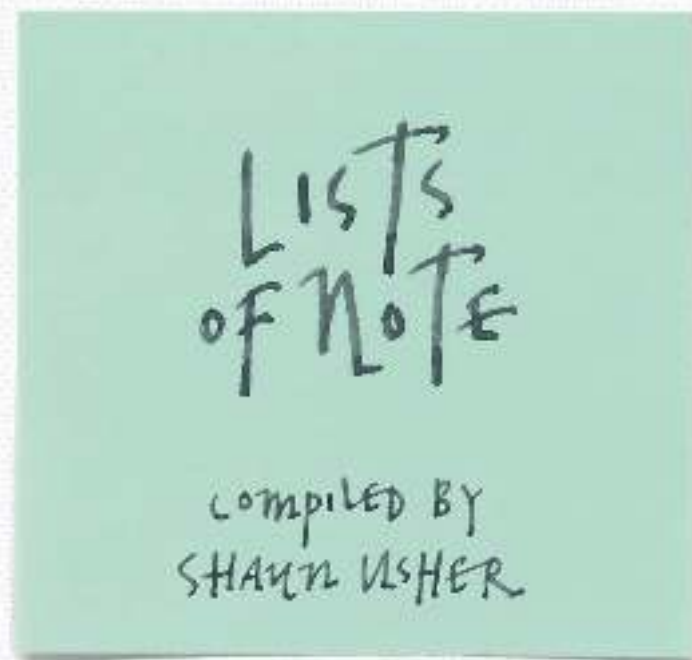


FROM THE AUTHOR OF
THE SUNDAY TIMES BESTSELLER
LETTERS OF NOTE



'THE LITERARY EQUIVALENT OF A BOX OF CHOCOLATES
- BITE-SIZED AND PURE ADDICTIVE PLEASURE'
SUNDAY TIMES ON LETTERS OF NOTE

1. LISTS
 2. *of*
 3. NOTE
-

INVENTORIES
DESERVING OF A
WIDER AUDIENCE

1. LISTS
2. *of* NOTE
3. COMPILED BY

4. SHAUN
5. USHER

This book is dedicated to my three favourite people:

1. Karina

2. Billy

3. Danny

Dear Reader,

The book you are holding came about in a rather different way to most others. It was funded directly by readers through a new website: Unbound.

Unbound is the creation of three writers. We started the company because we believed there had to be a better deal for both writers and readers. On the Unbound website, authors share the ideas for the books they want to write directly with readers. If enough of you support the book by pledging for it in advance, we produce a beautifully bound special subscribers' edition and distribute a regular edition and e-book wherever books are sold, in shops and online.

This new way of publishing is actually a very old idea (Samuel Johnson funded his dictionary this way). We're just using the internet to build each writer a network of patrons. Here, at the back of this book, you'll find the names of all the people who made it happen.

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Thank you for your support,

Three handwritten signatures in black ink, arranged horizontally. The first signature is 'Dan', the second is 'Justin', and the third is 'John'.

Dan, Justin and John

Founders, Unbound

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Acknowledgements

INTRODUCTION

Since we first began walking the earth, humans have been creating lists of one kind or another, calm content in the knowledge that all Things are constantly being assigned, prioritised, ranked and streamlined to within an inch of their lives. It doesn't bear thinking about, but to live in a world without them would, I reluctantly imagine, be a chaotic existence: not a single to-do list, shopping list, wish list, dictionary, list of favourites, rulebook, list of predictions, list of resolutions, address book, list of advice, list of contents – just a world full of things, muddled and overflowing, without a sense of purpose or collective identity.

To further explain our reliance on lists, it seems only right to list the reasons:

1. Life is chaotic – often unbearably so. The ability to divide some of that chaos into lists, to make the onslaught manageable, can bring much-needed relief.
2. Human beings are fearful of the unknown and as such have a real need to label and group things, to assign them to comfortable lists.
3. Lists can make us more productive and can eradicate procrastination. Nothing on earth, resignation aside, cuts through the thick fog of a daunting workload as effectively as a to-do list.
4. Everyone is a critic. Ranking things – best to worst, biggest to smallest, fastest to slowest – can be strangely addictive, no doubt because it makes us feel knowledgeable.
5. Time is precious. Distilling huge swathes of monotonous information into easily digestible lists ensures that we have more time to enjoy ourselves and make lists.

The depth of mankind's obsession with lists became starkly apparent to me five years ago, at which point I was delving into various archives, museums and libraries around the world to research my first book, *Letters of Note*, a collection of notable correspondence from throughout the ages, written by all manner of people. At almost every juncture of that journey, I was also discovering intriguing lists written by those same characters – lists of varying lengths, some handwritten, others typed, most of which captivated me for differing reasons.

Five years on and you now hold a gorgeous book that contains 125 of the most compelling lists I have been able to find. A list of lists. They span thousands of years: the oldest is an eye-opening list of workmen's absences written in Ancient Egypt; the most recent are merely a few years old. In between we have:

- a list of murder suspects, scribbled by the long-serving secretary to John F. Kennedy just hours after the president's assassination;
- French novelist George Perec's magnificent *Attempt at an Inventory of the Liquid and Solid Foodstuffs Ingurgitated by Me in the Course of the Year Nineteen Hundred and Seventy-Four*;
- a shopping list written by Galileo that mentions the pieces of equipment he needed to produce his ground-breaking telescope;
- a list of dream interpretations written around 1220 BC;
- a backup list of alternatives to the famous line, "Frankly, my dear, I don't give a damn", written shortly after Hollywood censors deemed the word "damn" to be offensive;
- ...and many, many more.

Many of the lists offer advice that you will take to your grave. Some offer a snapshot of history previously unknown. Others are simply a joy to read. Each and every one, however, is certainly a list note.

KISS JUNE

JOHNNY CASH

Date Unknown

Legendary singer-songwriter Johnny Cash proposed to the love of his life, fellow country star June Carter, on stage in 1968, 13 years after first meeting her. Their relationship stood the test of time and they remained together until her death, 35 years later. Cash was a romantic man and wrote countless handwritten love notes for his wife during their marriage; even his to-do lists, such as the one seen here, were brimming with affection.

THINGS TO DO TODAY!

1. Not smoke
2. Kiss June
3. Not kiss anyone else
4. Cough
5. Pee
6. Eat
7. Not eat too much
8. Worry
9. Go see Mama
10. Practice Piano

NOTES: Not write notes

THINGS TO DO TODAY!

Date: _____

Urgent

✓

Done

✓

- | | | | |
|--------------------------|-----|----------------------|--------------------------|
| <input type="checkbox"/> | 1. | Not Smoke | <input type="checkbox"/> |
| <input type="checkbox"/> | 2. | Kiss June | <input type="checkbox"/> |
| <input type="checkbox"/> | 3. | Not kiss anyone else | <input type="checkbox"/> |
| <input type="checkbox"/> | 4. | Cough | <input type="checkbox"/> |
| <input type="checkbox"/> | 5. | Pee | <input type="checkbox"/> |
| <input type="checkbox"/> | 6. | Eat | <input type="checkbox"/> |
| <input type="checkbox"/> | 7. | Not eat too much | <input type="checkbox"/> |
| <input type="checkbox"/> | 8. | Worry | <input type="checkbox"/> |
| <input type="checkbox"/> | 9. | Go See Mama. | <input type="checkbox"/> |
| <input type="checkbox"/> | 10. | Practice Piano | <input type="checkbox"/> |

NOTES:

Not write notes

WYNKYN DE WORDE

1508

The carving of meat was considered a fine art in the late Middle Ages, at least in the affluent homes where such foods could be afforded with whole animals routinely and precisely sliced on the dining table for all to see by household staff armed with specialist knowledge. In 1508, these rules of carving and general preparation of meat were collated by influential publisher Wynkyn de Worde in *The Booke of Kervynge (The Book of Carving)*, a guide which began with a list of terms to be used when carving various cuts of meat.

Termes of a kerver.

breke that dere
 lesche yt brawne
 rere that goose
 lyfte that swanne
 sauce that capon
 spoyle that henne
 fruche that chekyn
 bnbrace that malarde
 bnlace that conye
 dysmembre that heron
 dysplaye that crane
 dysfygure that pecocke
 vnioynt that bytture
 vntache that curlewe
 alaye that fesande
 wynges that partryche
 wynges that quayle
 mynce that plouer
 thye that pegyon
 border that pasty
 thye that woodcocke
 thye all maner of small byrdes
 tymbre that fyre
 tyere that egge
 chynne that samon
 strynges that lampraye

 splatte that pyke
 sauce that place
 sauce that tenche
 splaye that breme
 syde that haddocke
 tuske that barbell
 culpon that troute
 fyne that cheuen

Terms of a carver.

break that deer
 leach that brawn
 rear that goose
 lift that swan
 sauce that capon
 spoil that hen
 frust that chicken
 unbrace that mallard
 unlace that coney
 dismember that heron
 display that crane
 disfigure that peacock
 unjoint that bittern
 untack that curlew
 allay that pheasant
 wing that partridge
 wing that quail
 mince that plover
 thigh that pigeon
 border that pasty
 thigh that woodcock
 thigh all manner of small birds
 timber that fire
 tear that egg
 chine that salmon
 string that lamprey

 splat that pike
 sauce that plaice
 sauce that tench
 splay that bream
 side that haddock
 tusk that barbell
 culpon that trout
 fin that chevin

transsene that ele

traunche that sturgyon

vndertraunche that purpos

tayme that crabbe

barbe that lopster

Here endeth the goodly termes.

transon that eel

tranch that sturgeon

undertranch that porpoise

tame that crab

barb that lobster

Here begynneth the boke of keruyng and seruyng
ge / and all the feestes in the yere for the seruyce of a
prynce or any other estate as ye shall fynde eche offyce
the seruyce accordyng in this boke folowynge

Termes of a keruer.

B eeke that dere	tyere that egge
blesche y brawne	chynne that samon
tere that goose	stryngge that lampraye
lyste that swanne	splatte that pyke
sauce that capon	sauce that place
spoyle that henne	sauce that tenche
fruche that chekyn	splaye that breme
unbrace that malarde	syde that haddocke
unlace that conye	tuske that berbell
dysmembze that heron	culpon that troute
dysplaye that crane	fyne that cheuen
dysfygure that pecocke	trassene that ele
unioynt that bytture	traunche that sturgyon
untache that curlewe	undertraunche that purpos
alaye that felande	tayme that crabbe
wynge that partryche	barbe that lopster
wynge that quayle	
nynce that plouer	
thye that pyggon	
border that pasty	
thye that woodcocke	
thye all maner small byrdes	
tymbze that fyre	

Here endeth the
goodly termes.

Here begynneth
Butteler and
Panter.

Thou shalte be butteler and panter all the fyrst
yere / and ye muste haue thze pantry knyues /
one knyfe to square trenchours loues / an other to be a

GEORGES PEREC

1974

French novelist Georges Perec was an experimental writer whose affection for the trusty list is rivalled by very few. In 1974 he attempted to keep a record of every single thing he ate and drank for the duration of the year and then presented the results in a list which, having been translated to English by John Sturrock, is strangely compelling. It is titled, unambiguously, *Attempt at an Inventory of the Liquid and Solid Foodstuffs Ingested by Me in the Course of the Year Nineteen Hundred and Seventy-Four*.

Nine beef broths, one iced cucumber soup, one mussel soup. Two *Guéméné andouilles*, one jellied *andouillette*, one Italian *charcuterie*, one saveloy, four mixed *charcuteries*, one *coppa*, three pork platters, one *figatelli*, one foie gras, one *fromage de tête*, one boar's head, five Parma hams, eight pâtés, one duck pâté, one liver pâté with truffles, one *pâté en croûte*, one *pâté grandmère*, one thrush pâté, six Landes pâtés, four brawns, one foie-gras mousse, one pig's trotters, seven *rillettes*, one salami, two *saucissons*, one hot *saucisson*, one duck terrine, one chicken-liver terrine.

One blini, one *empanada*, one dried beef. Three snails.

One Belon oysters, three scallops, one shrimps, one shrimp *croustade*, one *friture*, two baby eel *fritures*, one herring, two oysters, one mussels, one stuffed mussels, one sea urchins, two *quenelles au gratin*, three sardines in oil, five smoked salmons, one taramasalata, one eel terrine, six tunas, one anchovy toast, one crab.

Two haddock, one sea bass, one skate, one sole, one tuna.

Four artichokes, one asparagus, one aubergine, one mushroom salad, fourteen cucumber salads, four cucumbers à la crème, fourteen celery *remoulades*, two Chinese cabbages, one palm hearts, eleven crudités, two green-bean salads, thirteen melons, two *salades niçoises*, two dandelion salads with baco, fourteen radishes with butter, three black radishes, five rice salads, one Russian salad, seven tomato salads, one onion tart.

One Roquefort croquette, five *croque-monsieurs*, three quiche Lorraines, one *tarte aux maroilles*, one yogurt with cucumber and grapes, one Romanian yogurt.

One *torti* salad with crab and Roquefort.

One eggs with anchovy, two boiled eggs, two eggs *en meurette*, one ham and eggs, one bacon and eggs, one eggs *en cocotte* with spinach, two eggs in aspic, two scrambled eggs, four omelettes, one sort-of omelette, one bean-sprout omelette, one horn-of-plenty omelette, one duck-skin omelette, one *confit d'oie* omelette, one herb omelette, one Parmentier omelette.

One sirloin, three sirloins with shallots, ten steaks, two steak *au poivres*, three *complets*, one rump steak with mustard, five roast beefs, two ribs of beef, two top rump steaks, three beef *grillades*, two chateaubriands, one steak tartare, one *rosbif*, three cold *rosbifs*, fourteen entrecôtes, three entrecôtes *la moelle*, one fillet of beef, three hamburgers, nine skirts of beef, one flank of beef.

Four *pot-au-feus*, one daube, one jellied daube, one braised beef, one beef mode, one beef *gros sel*, one beef in a thin baguette.

One braised veal with noodles, one sauté of veal, one veal chop, one veal chop with pasta shells, one 'veal entrecôte', six escalopes, six escalopes *milanaise*, three escalopes à la crème, one escalope with morels, four *blanquettes de veau*.

Five *audouillettes*, three black puddings, one black pudding with apples, one pork cutlet, two sauerkrauts, one Nancy sauerkraut, one pork chop, eleven pairs of frankfurters, two port *grillades*, seven pigs' trotters, one cold pork, three roast porks, one roast pork with pineapple and bananas, one pork sausage with haricots.

One milk-fed lamb, three lamb cutlets, two curried lambs, twelve *gigots*, one saddle of lamb.

One mutton cutlet, one shoulder of mutton.

Five chickens, one chicken kebab, one lemon chicken, one chicken *en cocotte*, two chicken *basquaises*, three cold chickens, one stuffed chicken, one chicken with chestnuts, one chick with herbs, two jellied chickens.

Seven *poules au riz*, one *poule au pot*.

One pullet *au riz*.

One *coq au Riesling*, three *coq au vins*, one *coq au vinaigre*.

One duck with olives, one duck breast.

One guinea fowl casserole.

One guinea fowl with cabbage, one guinea fowl with noodles.

Five rabbits, two rabbits *en gibelotte*, one rabbit with noodles, one rabbit à la crème, three rabbits with mustard, one rabbit *chasseur*, one rabbit with tarragon, one rabbit à la *tourangelle*, three rabbits with plums.

Two young wild rabbits with plums.

One civet of hare à l'*alsacienne*, one daube of hare, one hare stew, one saddle of hare.

One wild-pigeon casserole.

One kidney kebab, three kebabs, one mixed grill, one kidneys with mustard, one calves' kidneys, three *têtes de veau*, eleven calves' livers, one calves' tongue, one calves' sweetbread with *pommes sarladaises*, one terrine of calves' sweetbreads, one lambs' brains, two fresh goose livers with grapes, one *confit* of goose gizzards, two chicken livers.

Twelve assorted cold meats, two *assiettes anglaises*, n cold cuts, two couscous, three 'Chinese', one *moulakhia*, one pizza, one *pan bagnat*, one *tajine*, six sandwiches, one ham sandwich, one *rillettes* sandwich, three cantal sandwiches.

One ceps, one kidney beans, seven green beans, one sweetcorn, one puréed cauliflower, one puréed spinach, one puréed fennel, two stuffed peppers, two *pommes frites*, nine *gratins dauphinois*, four mashed potatoes, one *pommes dauphines*, one *pommes boulangères*, one *pommes soufflées*, one roast potatoes, one sauté potatoes, four rice, one wild rice.

Four pasta, three noodles, one fettucine with cream, one macaroni cheese, one macaroni, fifteen fresh noodles, three *rigatoni*, two ravioli, four spaghetti, one tortellini, five tagliatelle *verde*.

Thirty-five green salads, one *mesclun* salad, one Treviso salad à la crème, two chicory salads.

Seventy-five cheese, one ewe's cheese, two Italian cheeses, one Auvergne cheese, one Boursin, two Brillat-Savarins, eleven Bries, one Cabécou, four goats' cheeses, two *crottins*, eight Camemberts, fifteen cantals, one Sicilian cheeses, one Sardinian cheeses, one Epoisses, one Murols, three fromage blancs, one goat's-milk fromage blanc, nine Fontainebleaus, five mozzarellas, five Munsters, one Reblochon, one Swiss raclette, one Stilton, one Saint-Marcellin, one Saint-Nectaire, one yogurt.

One fresh fruit, two strawberries, one gooseberries, one orange, three 'mendiants' [a mixture of almonds, dried figs, hazelnuts and raisins].

One stuffed dates, one pears in syrup, three pears in wine, two peaches in wine, one vineyard peach in syrup, one peaches in Sancerre, one apples *normande*, one bananas *flambées*.

Four stewed fruit, two stewed apples, two stewed rhubarb and *quetsch*.

Five *clafoutis*, four pear *clafoutis*.

One figs in syrup.

Six fruit salads, one tropical fruit salad, two orange salads, two strawberry, raspberry and gooseberry salads.

One apple pie, four tarts, one hot tart, ten tart Tatins, seven pear tarts, one pear tart Tatin, one lemon tart, one apple and nut tart, two apple tarts, one apple tart with meringue, one strawberry tart.
Two crêpes.
Two charlottes, three chocolate charlottes.
Three babas.
One *crème renversée*.
One *galette des rois*.
Nine chocolate mousses.
Two *îles flottantes*.
One bilberry *Kugelhupf*.
Four chocolate gateaux, one cheesecake, two orange gateaux, one Italian gâteau, one Viennese gâteau, one Breton gâteau, one gâteau with fromage blanc, one *vatrushka*.
Three ice creams, one lime sorbet, two guava sorbets, two pear sorbets, one chocolate profiteroles, one raspberry melba, one pear *belle Hélène*.
Thirteen Beaujolais, four Beaujolais Nouveaux, three Brouillys, seven Chiroubles, four Chenas, two Fleuries, one Juliéna, three Saint-Amours.
Nine Côtes-de-Rhône, nine Châteauneuf-du-Papes, one Châteauneuf-du-Pape '67, three Vacqueyras
Nine Bordeaux, one Bordeaux Clairet, one Lamarzelle '64, three Saint-Emilions, one Saint-Emilion '67, seven Château-la Pellerie '70s, one Château-Canon '62, five Château-Négrits, one Lalande-de-Pomerol, one Lalande-de-Pomerol '67, one Médoc '64, six Margaux '62s, one Margaux '68, one Margaux '69, one Saint-Estèphe '61, one Saint-Julien '59.
Seven Savigny-lès-Beaunes, three Aloxe-Cortons, one Aloxe-Corton '66, one Beaune '61, one white Chasagne-Montrachet '66, two Mercureys, one Pommard, one Pommard '66, two Santenay '62s, one Volnay '59.
One Chambolle-Musigny '70, one Chambolle-Musigny Les Amoureuses '70, one Chambertin '62, one Romanée-Conti, one Romanée-Conti '64.
One Bergerac, two red Bouzys, four Bourgueils, one Chalosse, one champagne, one Chablis, one red Côtes-de-Provence, twenty-six Cahors, one Chanteperdrix, four Gamays, two Madirans, one Madiran '70, one Pinot Noir, one Passetoutgrain, one Pécharmant, one Samumur, ten Tursans, one Traminer, one Sardinian wine, *n* sundry wines.
Nine beers, two Tuborgs, four Guinnesses.
Fifty-six Armagnacs, one bourbon, eight Calvadoses, one cherries in brandy, six Green Chartreuses, one Chivas, four cognacs, one Delamain cognac, two Grand Marniers, one pink gin, one Irish coffee, one Jack Daniel's, four marcs, three Bugey marcs, one marc de Provence, one plum liqueur, nine Souillac plums, one plums in brandy, two pear eaux-de-vie, one port, one slivovitz, one Suze, thirty-six vodkas, four whiskies.
N coffees, one tisane, three Vichy waters.

WHO KILLED JFK?

EVELYN LINCOLN

November 22nd, 1963

On November 22nd, 1963, US President John F. Kennedy was shot and killed as he travelled in an open-top car through Dealey Plaza, Dallas, Texas, in one of history's most discussed murders. Also in the motorcade that fateful afternoon was his secretary of ten years, Evelyn Lincoln. Just hours after the assassination, as she flew back to Washington, DC, on Air Force One, Evelyn penned this list of suspects in the murder of her late-boss – a list that began with Vice President Lyndon B. Johnson and ended with “Communists”. Some years later, Evelyn added the note seen on the list's reverse.

Lyndon –

KKK –

Dixiecrats –

Hoffa –

John Birch Society

Nixon

Diem

Rightist

CIA in Cuban fiasco

Dictators

Communists

There is no end to the list of suspected conspirators to Pres. Kennedy murder. Many factions had their reasons for wanting the young President dead. That fact alone illustrates how the world suffers from a congenital proclivity to violence.

Syndow -

KKK -

Supercrats -

Waffa -

John Birch Society

Nixon

Siem

Rightist

CIA in Cuban fiasco

Dictators

Communists

By one 68/02

Army
Map of
W.K.

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EL. AF-1 11/22/63

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