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Sandra Kynes

STAR MAGIC

The Wisdom of the Constellations for
Pagans & Wiccans

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*This book is dedicated to stargazer Lyle Koehnlein,
my son and special star.*

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Introduction

Have you ever wished upon a star, reached for the stars, or thanked your lucky stars? Those twinkling lights in the dark heavens have mystified and bedazzled people since time immemorial, and they still fascinate us today. Although the stars may seem remote, their familiar patterns have provided comfort and guidance when the world was lit only by firelight. Many ancient people observed the night sky and documented the constellations in one form or another; some through myth and others using complex mathematics. People of the past used the stars to reckon time, navigate the seas, and coordinate the planting and harvesting of crops. Even today, in our well-lit techno world, the stars remain a source of wonder, drawing enormous attention whenever a spacecraft sends images home to Earth.

I have fond childhood memories of summer nights lying in the grass, looking at the sky, and trying to fathom the distances. My father was a Boy Scout Scoutmaster and loved spending time outside teaching young people about the wonders of nature. Of course, that included my sister and me. On nights of meteor showers, he would point out the areas of the sky to watch. I would secretly cross my fingers and hope to see a shooting star upon which to wish. The enthusiasm that I inherited from my father was passed on to my son. During his childhood, he and I spent many Saturdays uptown at the American Museum of Natural History in New York City. The dinosaur room always topped our agenda, but the day wouldn't be complete without visiting the Hayden Planetarium where we both marveled at the spectacle even though it was only a show. My son's interest continues to this day, and as a professional photographer he takes every opportunity to capture the stars.

The most well-known and impressive testament to ancient peoples' observations of the sky is Stonehenge on the Salisbury Plain in England. Not only does it speak of the importance in marking celestial events, but also the cumulative knowledge necessary to embark on such a project. However, while the ancients were quite familiar with the patterns in the night sky, we, sadly, are not. We are drawn by the glamour of the moon as we celebrate its shining fullness with our esbats. And although we may follow the turning wheel of the zodiac, how many of us can identify these constellations when we look up at the night sky?

Beyond recognizing the Big or Little Dippers and maybe Orion's Belt, what star patterns do most of us know? Perhaps part of the problem is that few of us experience the true darkness of night as our ancestors did. Their world wasn't as bright as ours with its artificial light 24-7. Light itself is a form of pollution that takes away the dark cover of night and diminishes or obscures the twinkling grandeur above. As a result, the most inspiring sight to behold in the night sky is the moon. While Earth's satellite is enchanting, we unfortunately miss almost everything else, or when we do see the stars we may not know what we are looking at. Because of this, we are missing out on some very powerful magic.

The idea of using constellations for magic and ritual isn't new. Medieval texts included details about stars and how to determine the optimal time to draw their influence into talismans as well as other

uses. A small remnant of this remains in our use of birthstone jewelry. If we believe that the constellations of the zodiac hold a great deal of power and influence, then why not the others? Which of each of the zodiac signs have their time on the solar stage of day, have you wondered what goes on opposite them in the night sky? When Pisces and Aries are casting their birth influences as backdrop to the sun, Libra and Virgo are bringing balance and welcoming spring during the night. In addition, just as a cloudy night does not block the energy of a full moon, so too does the power of stars reach us even if we cannot see them.

The stars have always had a profound influence on us. Many of the goddesses we acknowledge, worship, and honor today have been known as star goddesses. Known by many names in numerous cultures, Astarte was ultimately known as the Queen of Heaven. Ishtar's symbol was the eight-pointed star, and Inanna was known as the Queen of Heaven and Earth. Legends of the Egyptian goddess Nut, who is depicted as the span of heaven arching over her earth husband Geb, predate sacred texts. Isis, first-born daughter of Nut and Geb, became the mistress of the cosmos when her parents "retired to heaven."¹ The Romans depicted Vesta as a star goddess whose pure flame was a beacon in the darkness of the night sky.

According to Sumerian texts, the stars were home to the gods of creation. The Egyptians equated terrestrial geography with celestial fields and cities. To the people of India, earthly cities had heavenly counterparts, too. All royal cities in India were based on a mythical celestial city. In many cultures, temples were regarded as sacred mountains and the meeting point of heaven and earth. Mesopotamian ziggurat temples represented cosmic mountains upon which the heavenly gods could descend to Earth.

Although there have been many permutations over the years, the widely used *Charge of the Goddess* refers to the Star Goddess. The original version has been attributed to Charles Leland, Gerald Gardner, and Doreen Valiente, and it contains: "Hear ye the words of the Star Goddess, she in the dust of whose feet are the hosts of heaven, and whose body encircles the universe."²

Another reason that Wiccans and Pagans may want to take more of an interest in the constellations is the simple fact that our basic and most-recognizable symbol, the pentagram, is a star. We follow an earth-centered spirituality, yet we look to the heavens. Being outside under a limitless canopy of stars invites us to open our souls and connect with something far, far greater than ourselves. Just as we can draw down the energy of the moon, so too can we tap into the celestial energy beyond.

I am very much the amateur astronomer. I have not had formal training, but I love jumping in and learning as much as I can about the things that interest me. In addition to my father's enthusiasm growing up at the beginning of the space age sparked the stargazer in me. While I never wanted to go into space, I wanted to know what was beyond this planet. There's something comforting about looking at the night sky and having a pretty good idea of what is where no matter where I am. It's like being in a familiar neighborhood. In my teen years, as I found my way onto a Pagan path, my perspective on the natural world evolved into a reverence that was highlighted by awe. To me, the term "natural world" wasn't limited to the earth; it always included the dome of the sky. Celebrating the esbats is about more than just the moon for me; it is also about that mysterious, endlessness beyond. Despite the enormity of the universe, I have a sense of place because I can find the markers of the seasons. This sense of place also provides a connection with my ancestors because they would

have seen what I see. This stellar continuity is a spiral that connects us. The stars also connect us with the magic of the universe. Truly as above, so below. Over the years I accumulated quite a few notes on my thoughts, ideas, and experiences, which I have decided to share.

This book explores the night sky, examines the mythology of the constellations, and presents a new interpretation that is relevant for twenty-first-century Pagans and Wiccans. The stars connect us with the past, and Chapter One begins with a historical view on how people of ancient times regarded the constellations. In addition, we will see how modern astrology is based on the zodiac as it was observed several thousand years ago and we will learn how these constellations are different today. After introducing celestial coordinates, Chapter Two will get you started reading star maps. It also includes information on planispheres and a few online resources and smartphone apps. We will also learn about official star designations and how “a” star is sometimes more than one.

This book is also about magic and magic is about moving and using energy. If you are familiar with drawing down the moon for ritual or magic, you are well on your way to working with the stars. Chapter Three provides an introduction to general energy work and methods for drawing on and using energy from the stars to enhance rituals and boost magic.

Because the Wheel of the Year turns the earth and heavens, this book is designed to allow you to start with the chapter that coincides with the current season. One thing to keep in mind, however, is that the visible constellations do not suddenly change. In early spring, we will still see some of the late winter constellations and some of the late spring constellations will not be visible. Like the changing seasons on Earth, it is a gradual process. Chapter Four through Chapter Seven cover the seasonal constellations visible from the Northern Hemisphere.

While Chapter Eight is entitled *The Southern Hemisphere*, readers in the Northern Hemisphere should not immediately assume it is not for them. In fact, a number of constellations included in Chapter Four through Chapter Seven are actually southern. The additional southern constellations presented in Chapter Eight are also visible in many parts of the north. Because what we are able to see is based on where we are located on Earth, I have included the latitudes between which the constellations can be seen. For reference, Appendix A provides latitude information for a number of cities around the world.

These chapters include star maps to help familiarize you with the night sky according to season. I am not a cartographer, so these maps are approximations that just show the basic position of the constellations and how they relate to each other. Each individual entry includes a depiction of some of the stars in that constellation and where they fit within the imagined figure. Rather than reproducing entire star patterns, these individual maps are intended to suggest the constellations. Keeping them simple makes it easier to re-create a star pattern for ritual and magic work. The many star charts that you may find in other books and online often provide different renderings of constellations, and you may be inspired to create your own. For this reason, I have included the official designation of each star in the drawings to aid you in orienting it to a more complete map of its constellation. The drawings also serve as a map for coordinating each star's color, should you choose to combine color magic with your star work.

Information on each constellation includes its history, associated myths, and the particulars of

notable stars. Each entry includes the constellation's official name and its common English name. Also included is information on the pronunciation of constellation and star names and the constellation abbreviations that you will find on star maps. Of course, each constellation entry includes an interpretation for Pagan and Wiccan magic and ritual. These sections provide ideas and details on how to apply the energy of a constellation to your life. My hope is that this will spark your creativity and you will find ways to make star magic uniquely yours.

As mentioned, this book works with the constellations and actual seasons rather than the time frames used in modern astrology. Despite this difference, star magic and astrology are not incompatible. While star magic is based on the current position and movement of constellations, astrology uses a historical system that holds a great deal of meaning. Although I am not an astrologer, I believe that practitioners can draw energy from the constellations that appear in the night sky to enhance and support their work.

For astrologers, I have included information on the planets associated with particular constellations and individual stars. For nonastrologers, [Appendix C](#) provides a table of planet energies and qualities. In addition, [Appendix C](#) contains details about the “fixed stars” that were considered powerful guides during the Middle Ages and Renaissance.

This book can be used in a number of ways. It can bring awareness of the night sky beyond the powers of the moon to enhance your esbat rituals. It can serve as an introduction to stargazing with a magical twist, and it may even propel you further into studying astronomy. More simply, it will bring you that neighborhood feeling when you step outside at night and see familiar star patterns. Most of all, you will learn which stars are overhead throughout the seasons and how to use their energy in your life.

No matter how you want to engage in star magic, spending a little time outside at night provides a different and refreshing perspective. Night softens the world—bringing rest as well as incubation for magic and creativity. Stargazing requires us to stop and look. This simple act allows us to reach inside our souls and experience the wonder that echoes down through the eons from people in the far distant past. The energy of the stars envelops our planet and holds us in the web of the cosmos. In the scheme of the universe we are so tiny, yet we are a part of something so vast and wondrous.

Like gazing at clouds, we may each perceive something different in the constellations. This book is my interpretation, but I encourage you to follow your feelings and intuition. Trust what you see in the stars, and let them guide you to a new level of magic and wonder.

[contents]

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1. *Leeming, Goddess*, 78.
 2. *Moura, Grimoire for the Green Witch*, 119.

Astronomy and Astrology

Historical Background

Unlike people of ancient times, we tend to stay in our own backyard of the solar system. This strikes me as odd for a civilization with space telescopes that allow us to see farther than our ancestors even dreamed. In this book, we will explore the constellations, learn how to look for them, and discover new ways to bring star magic into our lives.

Modern astronomy recognizes eighty-eight constellations, some of which are based on the forty-eight ancient Greek star figures described by the mathematician Claudius Ptolemaeus (circa 100–170 CE), better known simply as Ptolemy. The other forty modern constellations are based on European star atlases from the fifteenth through seventeenth centuries. Although the Latin names of many constellations were derived from their earlier Greek designations, not all of them originated with Greek astronomers. While Ptolemy cataloged more than 1,000 stars, he associated them with constellations that had been known for centuries, many of which originated with Sumerian and Babylonian astronomers.

Ptolemy's knowledge of astronomy is believed to have come indirectly from the Egyptians, Chaldeans, and Phoenicians. His information was more directly derived from the work of Greek mathematician Eudoxus of Cnidus (circa 390–340 BCE) to whom scholars have attributed the earliest text on the constellations. Eudoxus traveled widely to study a number of disciplines, including medicine and law. While his work itself does not survive, his star figures were known through the writings of Greek poet Aratus (circa 315–245 BCE). Aratus's literary work entitled *Phaenomena* was often used as an introduction to astronomy and is the oldest description of the constellations that has come down through the centuries intact.

Other early stargazers and chroniclers were the Greek mathematician Eratosthenes (circa 276–196 BCE), who described forty-two constellations, and the astronomer Hipparchus (circa 170–127 BCE) who noted forty-eight groups of stars. It was Hipparchus who discovered the ongoing shifting of the stars that we know today as "precession," or "precession of the equinoxes." Regardless of source, the Greeks wrapped the star figures in their own mythology and created an ongoing drama in the night skies. Arab, Persian, Roman, and later medieval European astronomers also adopted this interpretation of the constellations.

While Greek influence on astronomy was widespread, the Greeks were not the earliest stargazers. The Babylonians, Persians, Egyptians, Indians, and Chinese also studied the heavens. As early as 2300 BCE the Chinese were coordinating their twelve zodiac signs with twenty-eight lunar mansions.³ The Hindus of India had a similar system by which they tracked the moon's progress across the stars, and they associated a particular star with each lunar mansion. The Assyrians regarded the stars as divinities with either benevolent or malevolent powers.

In later times, as Europeans made contact with tribal people around the world, it was discovered that they also observed the stars and made it part of their lore. The Bushmen of Africa considered the stars to have been people or animals that once walked the earth. In New Zealand, the stars were regarded as legendary heroes whose brightness depended on their greatness in terrestrial battle before passing on to the heavens. As well as being regarded as the children of the sun and moon by the early people of Peru, the stars were believed to function as guardian deities. And last but not least, many Native American tribes looked on the constellations as celestial counterparts to powerful terrestrial animals.

Most early cultures observed the seasonal differences in the night sky as the star patterns changed over the course of a year. Providing a longer count than the moon, reckoning by the stars enabled people to mark time for planting, harvesting, and ritual. Visible year round, the circumpolar stars and especially the North Star—that reliable beacon that never moved—provided markers for navigation through the night seas. Building on what had gone before, the Greeks also used the constellations for navigation and agriculture. This is evident in the works of the writer Homer (eighth century BCE) who described Odysseus, the hero of his stories, navigating by the stars. Additionally, the poet and farmer Hesiod (circa 700 BCE) advised others on how to use the stars for determining the right time to plant their fields. The aesthetic beauty of the constellations also served as a decorative motif for the Greeks who painted them on domed ceilings, and the Romans, who worked them into tapestries with threads of gold and silver.

Based on a set of tablets dating to approximately 1800 BCE, scholars believe that the Babylonians knew how to use calculations to fill in for the times when observations could not be made due to weather conditions or other circumstances. These tablets span one thousand years and are thought to be a type of calendar that includes listings of stars along with observation dates and times.⁴ Using this information and incorporating the divination results of their stargazing into their daily lives developed into a system that is considered to have been far more complex than our present-day astrology. Using the stars for in-depth horoscopes to guide daily life was not the only important aspect for some people in ancient Mesopotamia. During the first and second centuries, Sabianism, or star worship, sprang up in the city of Harran. This early Sabianism has been described as involving astrology, star worship, and magic. Although Sabianism was part of the pre-Islamic religion of the Harranians, the term *Sabian* was later applied to any form of star worship.

The Egyptian's system of celestial observation dates to the Old Kingdom (circa 2650–2150 BCE) however, it was not as complex as the one used by their northern neighbors in Babylon. Even so, the star calendar contained thirty-six groups of stars. Within eight centuries from the initiation of the sky studies, the Egyptians were building temples and monuments that aligned with certain stars. In addition, they divided the night sky in half with Meskhet, the Big Dipper, as the northern marker and Sopdet, the star Sirius, as the southern marker. The constellation Orion was known as the Guardian of the Soul of Horus.

While the classical civilizations left records of their stargazing, little was known about any such endeavors by northern Europeans, where there were no great cities and no early forms of writing. Germany was generally considered the dark heart of Europe, primitive and uncivilized. However, the discovery of the Nebra sky disc in 2001 has changed that presumption. Found in central Germany, the

bronze disc has a diameter of twelve and a half inches and it is embossed with gold leaf depictions of the crescent and full moons, the sun, and stars. It has been dated to 1600 BCE. After considerable study, scholars believe that Bronze Age Europeans were far more sophisticated than previously thought. According to astronomer Wolfhard Schlosser of the Ruhr University at Bochum, Germany, Bronze Age sky gazers knew as much as the Babylonians. In addition, their astronomical knowledge and abilities allowed them to use a combination of solar and lunar calendars.

With some surprise, scientists realized that the small group of seven stars on the Nebra sky disc actually depicts the Pleiades, a cluster of stars in the constellation Taurus. Realistic star images did not appear until 1400 BCE in Egypt, making the Nebra sky disc the oldest accurate picture of the night sky. In addition, the mysterious golden horizon bands that were originally thought to represent some sort of solar boat turn out to be markers for the solstices. Actually, this is not so startling because across northern Europe many standing stones erected in prehistoric times were aligned to mark the solstices. According to Professor Miranda Green of the University of Wales, the Nebra sky disc presents a mosaic of symbols that were part of a complex European-wide belief system. I found it wonderful to learn that the early Pagans of Europe who erected stone circles and alignments to celebrate the solstices were also gazing beyond to the stars.

After the decline of the Roman Empire, Europe entered the chaotic period known as the Dark Ages (approximately 476–800 CE), when the advancement of learning and knowledge came to a virtual halt. Luckily the observations and ideas of many ancient stargazers were translated and kept alive by scholars in the Middle East. A great deal of this work was re-translated from Arabic to Latin during the twelfth and thirteenth centuries as it was carried back into Europe. However, during the Dark Ages, Ireland was a little bright spot in Europe that quietly maintained a high level of culture and learning.

Writing about early Irish astrology, distinguished Celtic scholar, historian, and author Peter Berresford Ellis noted that the Irish, and Celts in general, had a long tradition of astrological study. As the first-century-BCE Coligny Calendar demonstrates, Celtic cosmology was highly sophisticated. In addition, the ancient Brehon Laws of Ireland required that astronomers/astrologers prove their level of qualification in order to practice their art. Prior to Arabic texts on astronomy and astrology being translated into Irish in the twelfth century, the earliest writings in Ireland reveal a native concept when naming the constellations and planets. For example, the constellation Leo was called *An Corran*, “the reaping hook,” which describes the sickle shape of stars that define Leo’s head.⁵ Ellis also noted that the astronomical information on stars, comets, and other celestial bodies recorded in the various annals and chronicles of Ireland were more accurate than many others produced in Europe at that time.

With all the knowledge that had been accumulated in the ancient world, it was Ptolemy’s work that stood the test of time until the fifteenth century when scientific study took off. Polish mathematician and astronomer Nicolaus Copernicus (1473–1543) put forth his theory that the sun was the center of the universe and not Earth. Although his idea was controversial at the time, it marked the beginning of a change in the way people viewed Earth and its place among the stars. Danish nobleman and astronomy enthusiast Tycho Brahe (1546–1601) built an observatory and, without a telescope, accurately mapped almost eight hundred stars. In 1603, German astronomer Johann Bayer (1572–1630) published a star catalog that included 9,750 stars.

1625) published a star atlas that was the first to map the entire sky. Bayer also established the naming convention for stars within a constellation that is still used today. Another important astronomer of the time was Johannes Kepler (1571–1630), who put forth the laws of planetary motion.

While modern scientific study of the stars was getting started during this period, there was no distinction between astronomy and astrology as there is today. In fact, the great founders of modern astronomy were also astrologers. It is somewhat ironic that during the scientific revolution astrology remained an integral part of astronomy, mathematics, and medicine. In general practice, medieval astrology was divided between the two applications of divination and medicine. The famed English herbalist Nicholas Culpeper (1616–1654) also wrote several books on astrology and integrated his astrological knowledge with his herbal practice. From a medical standpoint, various parts of the body were believed to be under the influence of the constellations of the zodiac. Because of this, a physician did not diagnose a problem until he performed a series of complex astrological computations. The end result would determine whether or not particular cosmic influences would be advantageous for the patient. Eventually the scientific thinking that developed after the seventeenth century demanded observable physical explanations. While this moved astrology outside the realm of science, its influence and popularity has not waned.

As mentioned, the work of ancient stargazers was kept alive in the Middle East, and many of the traditional names of stars that we know today are a mix of Arabic, Greek, and Latin as well as mistranslations from one language to another. The star Rigel in the Orion constellation is one such case. Instead of the hunter Orion, Arab astronomers saw this constellation as a female figure they called al-Jauza and named the bright star that marked her left foot Rijl al-Jauza, “the foot of al-Jauza.” Over the centuries and through several translations, Rijl evolved into Rigel. The spelling varied a bit, well, which is why we find the same word spelled *rigil* as in the star name Rigil Kentaurus, “the foot of the centaur.” Also, many of the star names beginning with “al” stem from the Arabic “al,” which is the equivalent of the word “the” in English.

As we study the stars, we find that there are no older constellations in the far Southern Hemisphere. This is because that area of the sky was unknown to observers in the civilizations that discerned and named these star patterns. The classical constellations are centered on the north celestial pole as it was over 2,000 years ago. The north celestial pole is above Earth’s terrestrial North Pole, and, likewise, the south celestial pole is above the South Pole. Earth’s axis is tilted; it is not straight up and down. As a result, the terrestrial and celestial poles are at corresponding angles that shift over time due to Earth’s rotation and wobble. As our planet spins, it also wobbles like a top. The name for this wobble is “precession,” and it is caused by the gravitational pull of the moon and sun, which shifts Earth’s orientation in space.

If an imaginary line from the axis were extended outward into space, it would align with different stars over time. Because of precession, Polaris is now the nearest star to the North Pole and it marks the north celestial pole. Also known as the North Star and the Pole Star, Polaris is calculated to move closer to and within one degree of the North Pole around the year 2100. Also due to precession, approximately 4,500 years ago the star Thuban in Draco the Dragon constellation had that honor. While the Southern Hemisphere does not have a pole star, the nearest star to the south celestial pole

Beta Hydri in Hydrus the Southern Water Snake.

Precession is also known as “precession of the equinoxes” because Earth’s shift in space affects which constellation marks the spring equinox. This slow shift makes the sun appear to be lagging behind in its progression through the zodiac and over time the constellation that marks the spring equinox lags behind. The change in constellation at the spring equinox gave rise to the concept of “ages” or “astrological ages,” so when there is a constellation change at the spring equinox it is the beginning of that age. The Age of Aquarius is an example that most people have heard about. The full cycle of precession takes almost 26,000 years. Today the spring equinox occurs when Pisces marks the equinox, however; 2,500 years ago it was Aries. Earlier still, Taurus would have been the constellation at the equinox, which is thought to be one of the reasons that bulls have been associated with spring fertility rites.

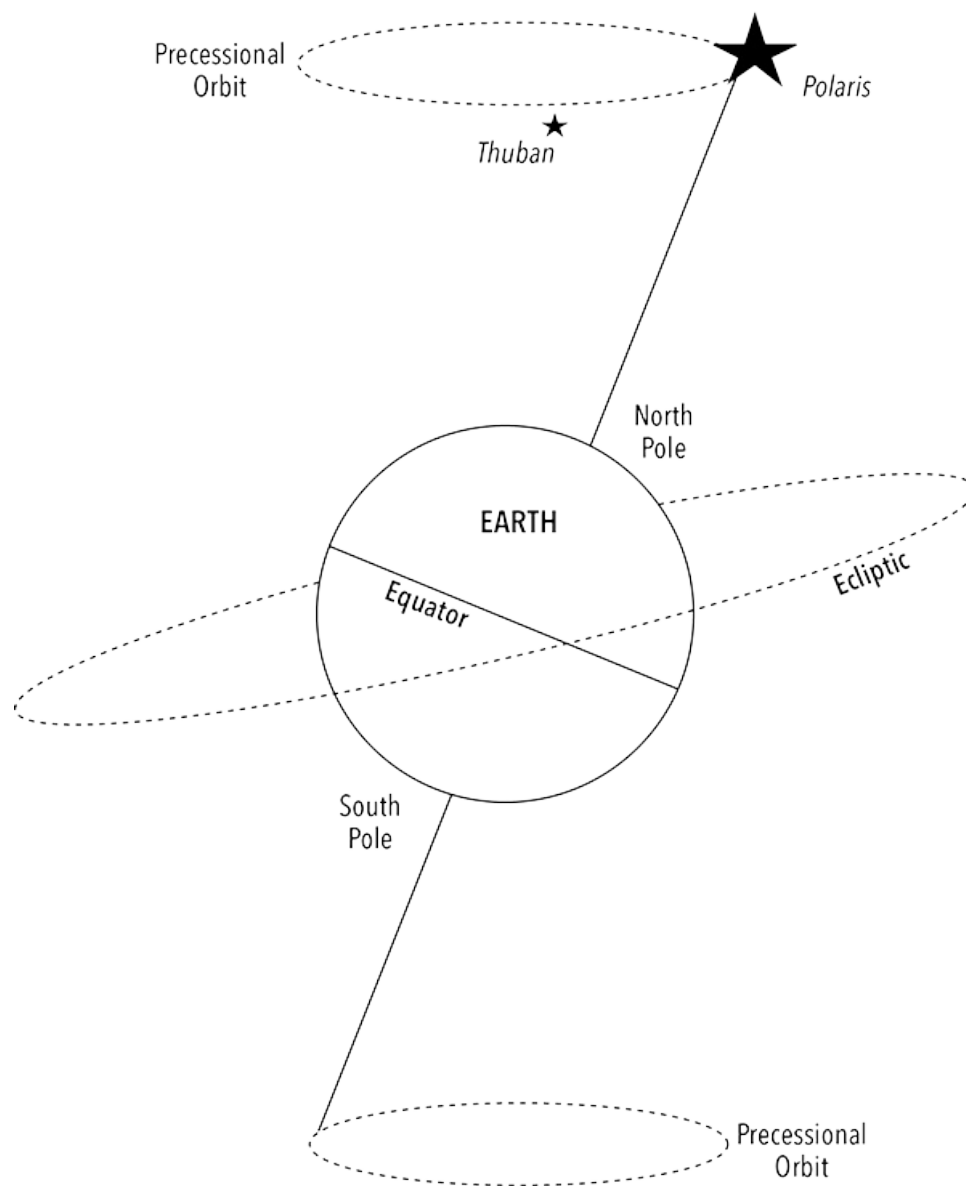


Figure 1.1. Earth’s wobble causes the shift in pole stars.

In 1922, the International Astronomical Union (IAU) established the modern eighty-eight constellations and introduced the convention whereby defined regions were created to cover the entire sky without overlaps or gaps. To accomplish this, newer constellations were added to fill in the space between some of the classical ones. Because of this reorganization, some constellations such as Arg

Navis became extinct. However, this is not to say that the stars went the way of the dinosaurs; instead, certain star groups were no longer recognized as official constellations.

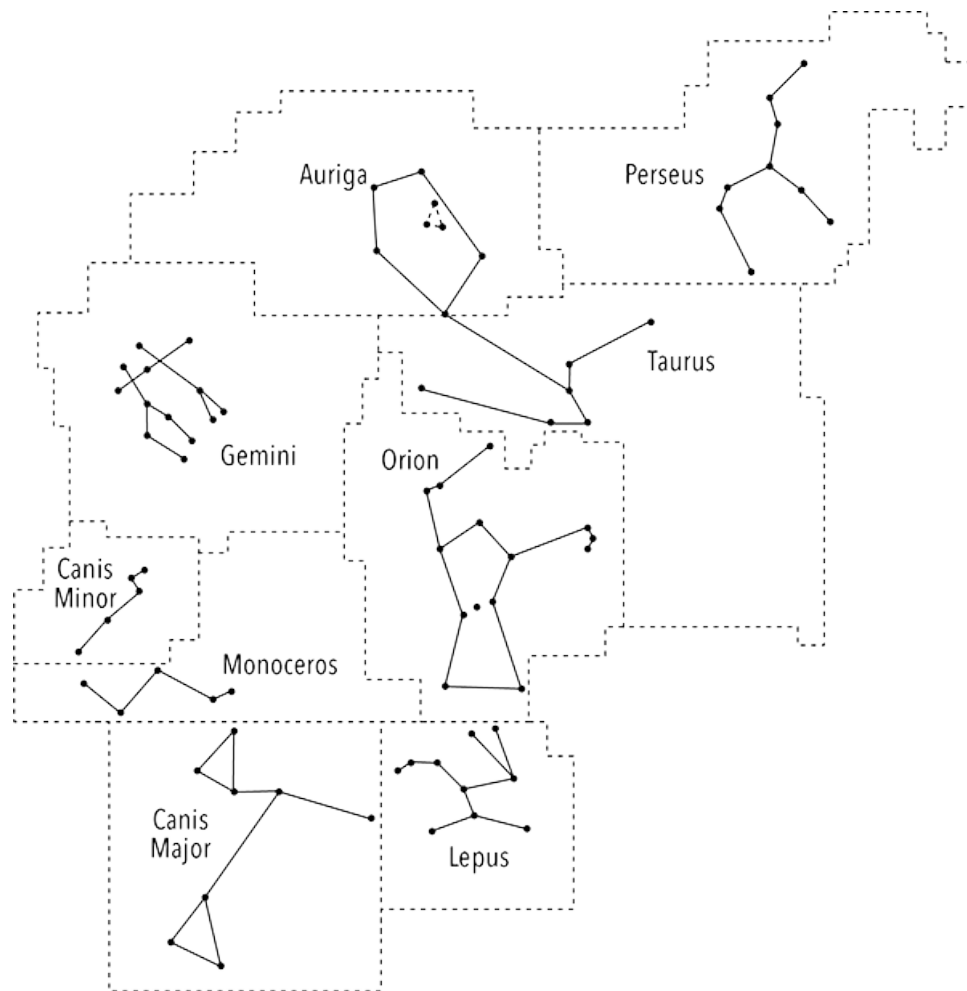


Figure 1.2. Part of the winter night sky is shown above to illustrate how defined regions cover the entire sky without overlaps or gaps.

The word *constellation* means “a gathering of stars”; however, in today’s terms a constellation is a acknowledged pattern of stars within a defined region of the sky. Although the stars within a constellation form a pattern, they often have no relation to each other and, in fact, are at different distances from Earth. These stars may appear to be of equal distance because of their varying brightness. In other words, a very bright star that is farther away from Earth may seem to be the same distance as a closer one that is less brilliant.

While an asterism is also a discernible pattern of stars, it is not officially recognized as a constellation. However, asterisms are often helpful for finding other stars and constellations. The Big Dipper is a well-known example of an asterism in the constellation Ursa Major, the Great Bear.

Of the eighty-eight constellations, only a few are members of the zodiac, which are also known as sun signs. When the sun’s position is between Earth and these constellations, their stars become a background along the narrow path of the sun’s annual arc across the sky. The scientific name for this path is the ecliptic. Of course, it is Earth that is moving around the sun, but to us the sun appears to be moving. To say that the sun is in Pisces means that this constellation is in the same direction as the sun and would be like a background for the sun if we were able to see Pisces during the day. Figure 1.3 shows that the daytime view from Earth on the vernal equinox puts Pisces on the other side of the sun

Whatever constellation is the current backdrop to the sun, its opposite on the ecliptic will be visible in the night sky. This is because as Earth spins it faces away from the sun at night and thus away from the current zodiac sign. For example, during August when Leo is the sun's background constellation, Aquarius can be seen at night. In late February, these positions are reversed and Leo is seen at night. Also appearing near the ecliptic are the moon and planets, which change location in the sky more quickly than do stars.

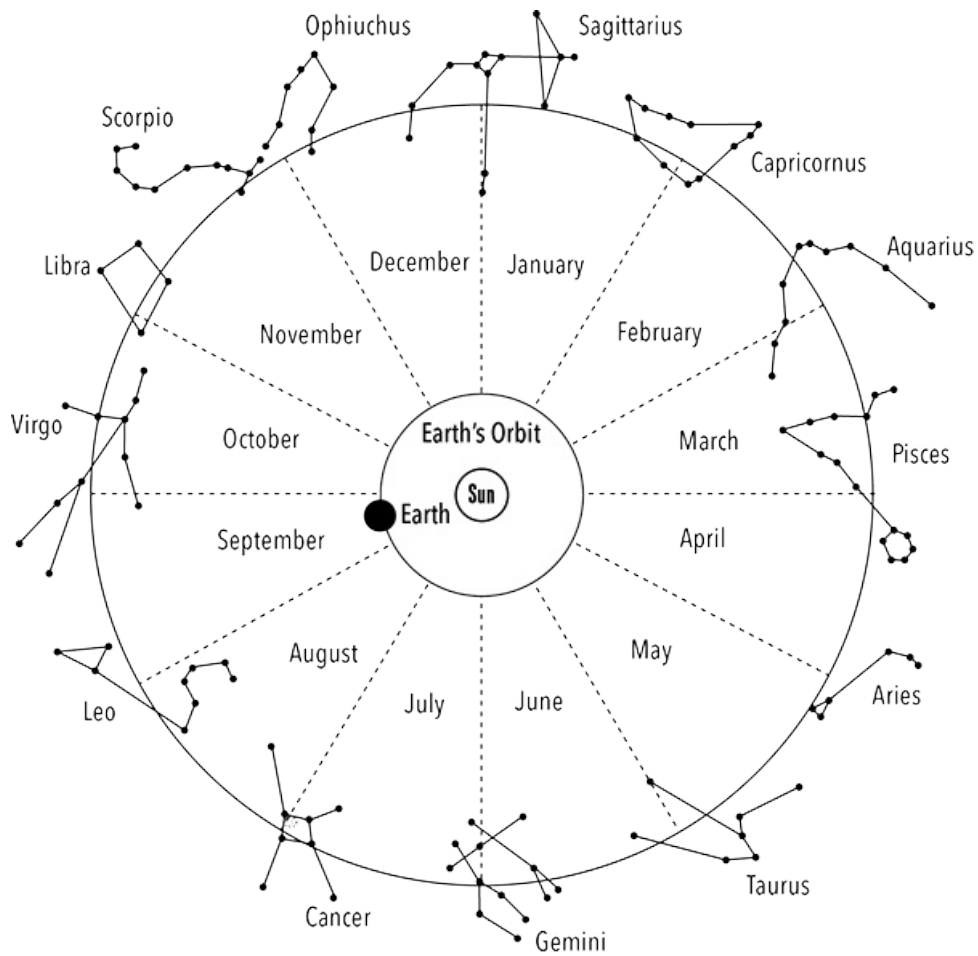


Figure 1.3. *The constellations of the zodiac are along the sun's path called the ecliptic. On the vernal equinox in March, Pisces is on the opposite side of the sun from Earth.*

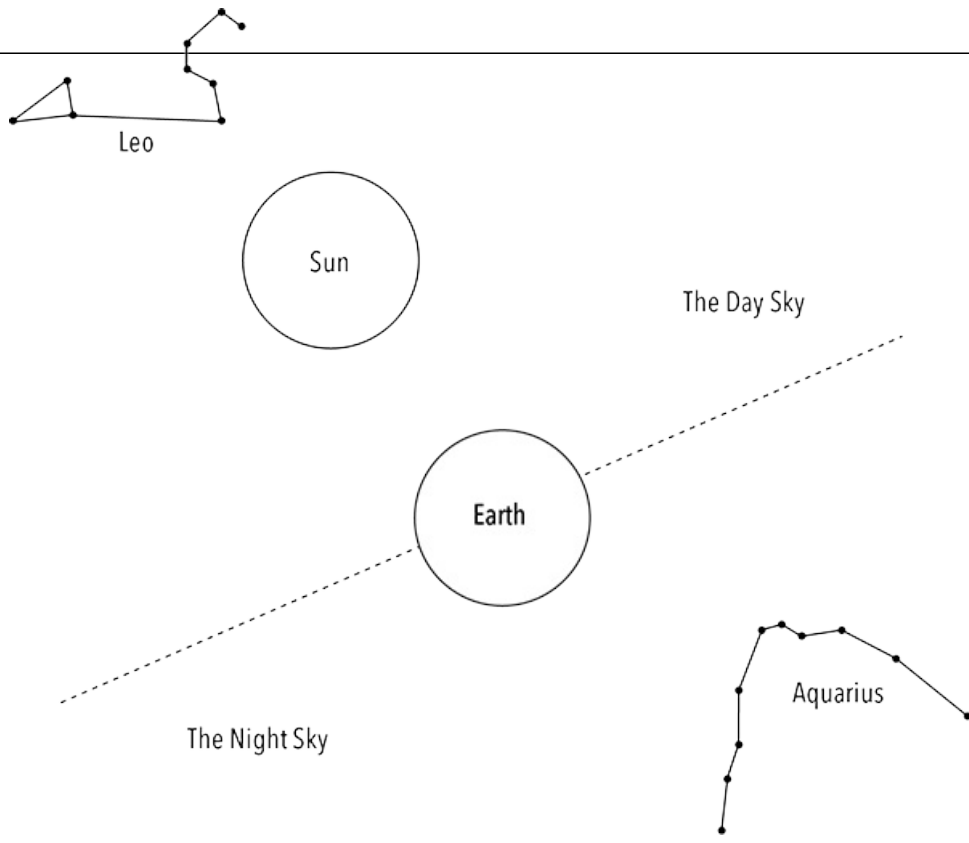


Figure 1.4. The constellations of the day and night sky are different. They are opposite each other on the circle of the ecliptic.

Modern astrology uses the twelve constellations and dates that were established more than two thousand years ago. As a result, Aries is the first sign of the zodiac in astrology, and its time begins at the spring equinox. However, as previously mentioned, Pisces is the actual constellation in position on the ecliptic today. While the zodiac used in astrology is composed of fairly equal segments of approximately thirty days, the actual time that each constellation is the sun’s backdrop varies because some constellations are larger than others. Also as previously mentioned, a constellation is a region of sky and not just the star pattern itself. In some instances, the ecliptic passes through just a small part of a constellation/region of sky, which also affects the amount of time it serves as a backdrop to the sun. Virgo has the most time with forty-five days, and Scorpius the least at just seven days.

In fact, there are now thirteen constellations that fall within the ecliptic Table 1.1 lists the constellations on the ecliptic, their actual dates, and the number of days they serve as a backdrop to the sun. Also included are the traditional astrological dates, which shift slightly, give or take one day each year. The actual dates and days as a backdrop listed in this table come from Dr. Lee T. Shaprio, the Director of the Morehead Planetarium at the University of North Carolina in Chapel Hill. They were made available on one of the National Aeronautics and Space Administration’s (NASA) website (spaceplace.nasa.gov/starfinder3/en/). Throughout this book when referring to the timing of a constellation as a backdrop or background to the sun, the actual dates from this table are used.

Table 1.1. The Dates for Constellations on the Ecliptic

Constellation	Actual Dates for the Zodiac	Days as Background	Traditional Dates Used in Astrology
Pisces	Mar. 12–Apr. 18	38	Feb. 19–Mar. 20
Aries	Apr. 19–May 13	25	Mar. 21–Apr. 19
Taurus	May 14–June 19	37	Apr. 20–May 20
Gemini	June 20–July 20	31	May 21–June 21

Cancer	July 21–Aug. 9 20	June 22–July 22
Leo	Aug. 10–Sept. 15 37	July 23–Aug. 22
Virgo	Sept. 16–Oct. 30 45	Aug. 23–Sept. 22
Libra	Oct. 31–Nov. 22 23	Sept. 23–Oct. 23
Scorpius	Nov. 23–Nov. 29 7	Oct. 24–Nov. 21
Ophiuchus	Nov. 30–Dec. 17 18	
Sagittarius	Dec. 18–Jan. 18 32	Nov. 22–Dec. 21
Capricornus	Jan. 19–Feb. 15 28	Dec. 22–Jan. 19
Aquarius	Feb. 16–Mar. 11 24	Jan. 20–Feb. 18

Despite these differences, stargazing and astrology are not incompatible. While astronomy explores the stars in their current positions, astrology uses a historical system that holds a great deal of meaning. Although I am not an astrologer, I believe that practitioners can draw energy from the constellations that appear in the night sky to enhance their work. After all, observing the stars is a magical experience not to be missed.

While stargazing, if you are not sure whether you are looking at a star or a planet, remember the words to the song “Twinkle, Twinkle, Little Star.” Stars twinkle; planets do not. Traveling from a greater distance, the light waves of a star are bent back and forth many more times before our eyes perceive them than light coming from a planet. This bending of light waves in and out causes the twinkling effect. And speaking of light, anyone who has developed the ability to see auras will be familiar with this technique for observing the less-bright stars. The trick is to avert your eyes slightly and not look directly at them; this is called averted vision. This works because we have two types of light-detecting cells in our eyes called cones and rods. Cones help us detect color and are highly concentrated at the center of the eyes. Rods are off to the side and are more sensitive to light. With a little practice, you can become comfortable averting your eyes to see the fainter constellations.

As Earth rotates west to east, stars, planets, and the moon appear to move east to west—as does the sun—giving them the appearance of rising and setting. Of course, observing stars is easier when it is fully dark, but there may be times when you want to witness a star rise. As we know, darkness doesn't occur all at once like an electric light being switched off. In fact, twilight has three defined stages. The first is called “civil twilight,” and during this stage only the brightest stars can be seen. You can even read a book outside without the aid of artificial light. During the second stage, called “nautical twilight,” the horizon is still visible and the bright stars used for navigation can be seen. The third stage is “astronomical twilight,” and it occurs when the horizon can no longer be seen. Finally, when full darkness occurs even faint stars become visible. The three stages of twilight occur in reverse order at sunrise.

While we know that twinkling is a way to tell the difference between a star and a planet, people in ancient times and up through the Middle Ages did not. They did, however, notice a difference in behavior and made intelligent distinctions. In ancient Egypt, stars were called “imperishable stars” and the planets were called “the stars that never rested.”⁶ In medieval Europe, the stars and planets were called “fixed stars” and “wandering stars,” respectively. Fixed stars rose and set as did the sun, but they seemed to stay in the same pattern in relation to other stars. The planets were called wandering stars because their positions changed within a shorter period of time; months or even weeks. Fifteen stars noted by Heinrich Cornelius Agrippa (1486–1535), author of *Three Books of Occult Philosophy*, were considered particularly powerful for magic by medieval astrologers.

Europe and the Middle East. More information on these stars is provided in Appendix C.

Long before Agrippa pointed out the significance of the fifteen stars, the Persians designated four stars as being particularly powerful and important. Dividing the heavens into quarters, Persian astronomers designated four of the brightest stars as “the royal stars.” With one in each quarter, these stars were used as calendar markers for the solstices and equinoxes and were also considered guardians of the cardinal directions.

In addition to constellations and asterisms, we will take a look at a couple of Messier objects. Catalogued by French astronomer Charles Messier (1730–1817), these objects include nebulae, star clusters, and galaxies. Tired of the confusion caused by other space objects while comet hunting, Messier cataloged them so he would know what to expect in certain areas of the sky. Messier objects are noted with his name or initial and a number, and sometimes include a constellation name. For example, there is Messier 44, M44, or 44M Cancri. The last designation indicates that it is located within the area of the sky of the Cancer constellation. Others have traditional names, such as the two included in this book: Messier 45 is the Pleiades and Messier 44 is the Beehive.

Shooting stars were a source of awe and mystery in the ancient world. Of course, these are not stars but meteors, which come from the particles that break away from comets and burn up when they enter Earth’s atmosphere. In the ancient world, comets and meteors were believed to be omens or responses from deities to earthly events. As signals, they could foretell of approaching doom or they could predict victory in an impending battle. Writings from 1200 BCE Greece indicated that shooting stars were used as oracles to interpret events or a king’s actions. The Chinese, Japanese, and Koreans also studied meteor showers for divination purposes. Meteor showers are still a source of awe. Speaking about the Lyrids in a radio interview, Kelly Beatty, senior contributing editor for *Sky and Telescope* magazine, commented, “Meteor showers are truly magical. It’s like the universe communicating with us on some sort of basic, primal level. Meteors are the cosmos in action.”⁷

Even though meteor showers are named after constellations, they actually have nothing to do with the stars. Most meteor showers occur around the same time each year as the orbits of Earth and a comet intersect. When this occurs, Earth passes through a stream of particles from the comet that burn up when they enter Earth’s atmosphere. Unusually large meteors are called fireballs. Because the comet particles are traveling in the same direction, they appear to radiate from the same point and are usually named for the constellation in that part of the sky. Nevertheless, even though meteors are not stars, meteor showers carry a great deal of energy that we can tap into for ritual and magic. Appendix D provides a list of major meteor showers and the dates they can be seen.

[contents]

3. Olcott, *Star Lore*, 9–10.

4. Thurston, *Early Astronomy*, 64.

5. Ellis, *Early Irish Astrology*. *Réalta* (vol 3. n. 3, 1996).

6. Remler, *Egyptian Mythology, A to Z*, 22.

7. National Public Radio, *Weekend Edition Sunday with host Rachel Martin*, April 21, 2013.

Getting Started Stargazing

Whether you want to simply read a star map, step outside and find a particular constellation, or spend time outdoors becoming familiar with the layout of the night sky, this chapter provides tips on getting started. But first, let's learn about celestial coordinates, which aid in understanding and reading star maps.

The celestial sphere is a concept that helps us understand the information on star maps. We can visualize it like Earth's atmosphere, a sphere that surrounds our planet, or as two great domed ceilings covering the Northern and Southern Hemispheres. Like the great ceiling in New York City's Grand Central Station, these domes are decorated with the constellations. As Earth rotates, the stars that we see on the celestial sphere appear to move, rising and setting like the sun. Where the northern and southern domes meet is called the celestial equator, which is directly above the physical equator of Earth. As mentioned in chapter 1, the celestial north and south poles are directly over the corresponding points on Earth. Our view of the celestial sphere is defined by the horizon. If we are in flat, open country, the horizon is larger than what is visible in a city. Directly overhead is an imaginary point called the zenith. An imaginary line drawn from north to south through the zenith divides the sky into east and west.

Coordinate points on Earth are called latitude and longitude. On a map of Earth these are indicated by lines that run east and west, and north and south. Latitude lines run east and west parallel to the equator. Marking the distance from the equator, latitude is measured in degrees. You will find more information on latitude in appendix A. Knowing your latitude will help you determine which constellations will be visible to you. The equator is zero latitude. Latitude lines north of the equator are indicated with a plus sign, and those south of the equator with a minus sign. On the celestial sphere, latitude is called "declination" and it is indicated in the same way using plus or minus signs to indicate positions north or south of the celestial equator, which is zero declination.

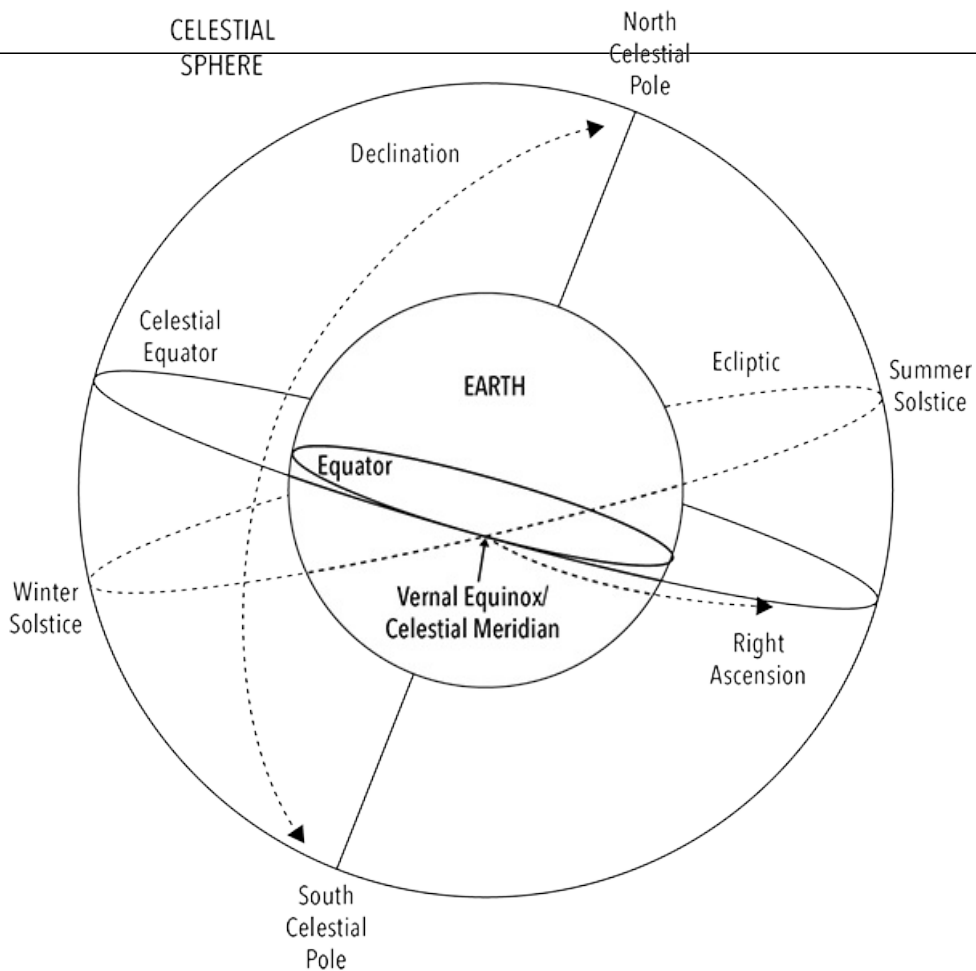


Figure 2.1. *The concept of a celestial sphere and celestial coordinates helps us understand the information on star maps and how it relates to Earth.*

Longitude on Earth is also measured in degrees from an imaginary line called the prime meridian which runs from the North Pole to the South Pole. Like the equator, the prime meridian is zero degrees. It is no accident that this line passes through Greenwich, England, the home of the Royal Observatory. Founded in 1675 by King Charles II, the Royal Observatory was instrumental in establishing a common meridian for east/west coordinates and for calculating time worldwide. Time on this meridian is called Greenwich Mean Time.

The equivalent to longitude on the celestial sphere is called “right ascension,” and it is measured in hours. Just as our day contains twenty-four hours, right ascension runs eastward from zero to twenty-four. Zero right ascension is the point where the celestial equator and ecliptic cross. Sometimes called the celestial meridian, this point marks the spring equinox.

It is also important to understand star names. Although the traditional names of stars are frequently used, they also have a standardized scientific designation. As noted in chapter 1, astronomer Johann Bayer established a naming convention. This naming system uses the Greek alphabet starting with the brightest star in a constellation. For example, Alpha Centauri is the designation for the brightest star in the constellation Centaurus, and Beta Centauri is the second brightest. These designations use the Latin genitive or possessive form of the constellation’s name. For example, Aldebaran is the alpha star in the constellation Taurus, so its Bayer designation is Alpha Tauri, which means “the alpha of Taurus.” However, there are exceptions when it comes to the alpha designation, as is the case in the

constellation Orion where Beta Orionis is actually brighter than Alpha Orionis. These two stars are better known by their traditional names of Betelgeuse (alpha) and Rigel (beta).

Because of the Bayer naming convention, it is helpful to become familiar with the Greek alphabet. Star maps generally use only lowercase Greek letters to distinguish stars rather than spell out the names. Table 2.1 contains the Greek alphabet. The order of letters in this table runs vertically down the columns, i.e., alpha, beta, gamma, and so forth.

Table 2.1. Lowercase Letters of the Greek Alphabet Used in Star Names

α Alpha	η Eta	ν Nu	τ Tau
β Beta	θ Theta	ξ Xi	υ Upsilon
γ Gamma	ι Iota	ο Omicron	φ Phi
δ Delta	κ Kappa	π Pi	χ Chi
ε Epsilon	λ Lambda	ρ Rho	ψ Psi
ζ Zeta	μ Mu	σ Sigma	ω Omega

To accommodate the limited number of letters in the alphabet for constellations that have more than twenty-four stars, Bayer used lowercase and then uppercase Latin letters. For example, the twenty-sixth brightest star in Centaurus would be called “b Centauri.” The forty-ninth star would be “A Centauri.” This cumbersome method of naming stars gave way to Flamsteed numbers.

Developed by English Astronomer John Flamsteed (1646–1719), stars are numbered in each constellation without regard to their brightness starting with the lower, rightmost star on a star map. Actually, stars with a Bayer designation (Greek letter) also have a Flamsteed number. Like the Bayer designations, the Flamsteed system uses the Latin genitive form of the constellation’s name. For example, the famous star Betelgeuse (traditional name) in the constellation Orion can be called Rigel 7 Orionis (Flamsteed designation) or Alpha Orionis (Bayer designation). You may even find it noted as 19 Alp Ori on star charts. Its Flamsteed number is 19, its Bayer designation is alpha, and Ori is the abbreviation for Orion. Most maps use the Bayer designation for stars that have them and the Flamsteed numbers for those that do not.

In some cases, a star is not just “a” star. It can be a binary, double, or multiple star system, and this is where naming conventions get complicated. You may find designations using numbers, Latin letters, and sometimes superscript numbers and letters. Most often, you will see multiples represented as Alpha-1 and Alpha-2, and so forth, or sometimes Alpha-A and Alpha-B. The difference in using a number or letter is to distinguish multiple stars that are far apart or closer together (relative speaking), respectively. For our purposes, and simplicity’s sake, I have used the naming convention where a number is appended to the star’s name. For example, Algorab, the delta star in the constellation Corvus, is a double star with its components designated as Delta Corvi-1 and Delta Corvi-2.

Of course, there are exceptions and the alpha star in Centaurus is one of them. It has three stars, two of which are identified as Alpha Centauri-1 and Alpha Centauri-2. However, instead of being called Alpha Centauri-3, the third star only has its traditional name, Proxima. Another exception is that spectroscopic binary stars do not have completely individual designations. For example, the delta star in Lyra has three components, but two of them share the Delta Lyrae-1 designation as Delta-1a and

Delta-1b. The other star in this threesome is called Delta Lyrae-2. I have included this information for those who want to incorporate a full range of star color into their magic. There is more about working with star color in Chapter Three and Appendix B.

Before heading outdoors to find your way among the stars, it is helpful to become familiar with a star map. This can be a simple, conventional piece of paper, a more versatile planisphere, or a high-tech smartphone app. Knowing what you are going to be looking at and having something to refer to when you get outside will make star finding easier.

There are two conventions to get used to with a star map. Unlike the terrestrial maps that we are used to, many star maps have east and west reversed; east is on the left and west on the right. They are designed for the user to face south, which puts east and west in their correct orientation. The other convention for star maps is to have east on the right and west on the left where we are used to seeing them, but north and south reversed. These are designed for the user to face north. In both conventions, the direction that a user should face is the one noted at the bottom of the map.

For consistency, all of the maps in this book have been drawn using the first convention of facing south. Likewise, the directions given throughout the book for locating stars and constellations assume that the reader is facing south. It is important to note that the maps in this book are approximations that show the position of constellations and how they relate to each other. Also, they are intended to suggest the constellations rather than reproduce entire star patterns, which makes it easier to use them in ritual and magic work. The star maps that appear with the individual entries in this book show where the suggested star patterns fall within the overall figure of their constellations. Keeping the maps consistent means that some of the graphical depictions of the star figure characters may appear upside down or sideways. Hercules and Pegasus are two examples. While this may seem odd from a pictorial aspect, it is actually helpful to have these views in our minds when we are outside at night looking at the constellations.

A number of star maps in books and on the Internet are drawn in the shape of a circle to simulate the celestial sphere. This type of map is used by holding it over your head and aligning it with the cardinal directions. The center of the star map represents the zenith. Because the stars we can see change with the months and seasons, it is important to have the appropriate star map, as well as one that accommodates your latitude. The Internet is an excellent source for obtaining current star maps. A good source is the Evening Sky Map, which is produced monthly and available at SkyMaps.com. These maps also note the position of the moon throughout the month as well as star magnitudes.

The magnitude of a star indicates its brightness. While the Bayer naming convention also does this, it is somewhat arbitrary and only indicates the order of star brightness within a constellation. Stellar magnitude is applied to all stars regardless of constellation. It began with Greek astronomer Hipparchus around 129 BCE when he designated the brightest stars as being of the first magnitude. He called less bright stars second magnitude, and so on. The faintest stars were sixth magnitude. Ptolemy adopted this system, and it remained unchanged for about fourteen centuries. With the aid of his telescope, Galileo (1564–1642) found many more stars than Hipparchus and Ptolemy had been able to see. Over the centuries, as bigger and better telescopes were developed and more stars could be seen, the magnitude system was expanded. However, it has remained locked into counting backward with

the largest numbers representing fainter stars. As light-measuring equipment advanced, the magnitude system was refined with the brightest stars now having negative numbers.

The simple long and short of the magnitude system for laypeople looking at a star map is the size of the dots that represent stars. The larger the dot, the brighter the magnitude of the star, which for most of us is more straightforward. However, now you will know why a map legend will show bigger numbers for smaller dots. The star maps in this book do not show magnitude, so the dots are all the same size.

Unlike the seasonal maps, another type of map called a planisphere is good for the entire year. It is especially helpful for becoming familiar with the night sky through the months and seasons. This is also a good tool if you are an armchair stargazer and simply want to know which constellations are current in the night sky. The planisphere is flexible and can be set to show the sky for any date or time during the year. Like any star map, it is important to get one that is appropriate for your latitude. Planispheres cover a lot of ground, so to speak, and run in ten-degree increments, for example 30° to 40° north.

A planisphere is made of plastic or laminated cardboard and has a center disk that can be rotated. With the constellations printed on it, this center disk represents the sky and shows the rotation of stars around the north celestial pole. Of course, one designed for the Southern Hemisphere rotates around the south celestial pole. The larger, stationary part of the planisphere shows the horizon. Unlike star maps, east and west are in the positions (right and left) that we are used to; however, “north” is printed at the bottom of the horizon, which means you need to face north. While the planisphere is low-tech, it is versatile. If you turn it over, the back has “south” at the bottom horizon so you can use it facing south, too.

To use a planisphere, simply rotate the center disk until the current date and time are aligned. Advance an hour if the current time is on daylight-saving time. Of course, being able to rotate the “sky” also allows you to display the constellations for any date and time during the year. In addition, by rotating the disk you can determine when a constellation will rise and set. To do this, rotate the center until the constellation is on the eastern horizon, and then note the time and date. This will tell you when the constellation will rise. Rotating the center again until the constellation is on the western horizon will give you the setting time and date.

Of course, there’s an app for that. Smartphone technology puts so much at our fingertips, including the stars. Two popular apps are StarMap, available at iTunes (<http://www.apple.com/itunes/>) for the iPhone and iPad, and Google Sky Map for Android systems (google.com/mobile/skymap/). A good source for a range of sky apps is AppAdvice (appadvice.com/appguides/show/astronomy-apps). For desktop computers, an online source for star maps is the website of *Sky and Telescope* magazine (www.skyandtelescope.com), which is full of great information, interactive sky charts, and information on space-related apps. For anyone who prefers armchair stargazing or is unable to go out to a good location, apps on smartphones and tablets and interactive websites are a good way to learn about the stars.

Getting Outside

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